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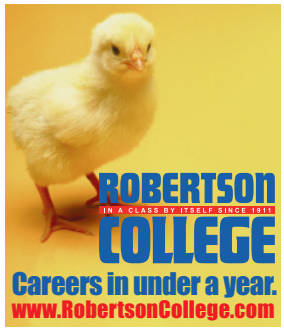

ReelMetro

Robin Kuniski

Calgary videographer's lighter side of city life at metronews.ca/reelmetro

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Hefty cost for park upgrades

Beauty pg 14

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Celebrity Buzz pg 21

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Vancouver **Boobquake busts out**

KRISTEN THOMPSON/METRO CANADA

A man poses with a topless woman, who would only identify herself as Amy, at Boobquake outside the Vancouver Art Gallery yesterday. The event, meant to poke fun at an Iranian cleric who claimed earthquakes were caused by immodestly dressed women, was attended mostly by men taking pictures with their camera phones.

Skimming discovered at bustling BMO Centre

Arrest made in alleged debit card scam: Police spokesman

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Police say a quick-thinking man alerted them to an alleged debit skimming scheme at a busy BMO Centre over the weekend.

Police spokesman Kevin Brookwell confirmed someone alerted police to the discovery of double-sided tape, indicating the machine was tampered with, on an ATM at the BMO Centre at the Stampede Grounds.

The venue hosted thousands enjoying the Calgary Women's Show, Calgary Entertainment and Comic Expo and a Hitmen game this weekend.

"A guy who was on the ball and noticed something odd with the machine when double-sided tape came off alerted police this weekend, and I believe an arrest has been made," Brookwell said.

Marina Ortman was working at the Calgary Women's Show and withdrew money from a machine on Sunday. She didn't take any chances when informed of the incident.

"I went and changed my PIN right away, but I was shocked," she said.

"But obviously they targeted a high-traffic area that was very busy. It definitely makes me more aware."

While Brookwell didn't know the extent of this particular incident, he said debit and credit card skimming is not a rare occurrence.

"There are people making millions by doing it. They can target high-traffic areas or sometimes more remote areas, but they have to know your PIN number to get anything from your accounts," he explained.

BMO bank spokesperson Laurie Grant said they weren't made aware of the incident yet but would look into the matter.

Another skimming scheme?

- On the "downtown calgary blog" on getdown.ca, Wil Knoll alleges another skimming incident at the TD Canada Trust in Brentwood, where a device was found on an ATM last Friday. It was removed and police were notified, according to the blog, only to have another one discovered at the same ATM yesterday.

Will drivers who pull over to field phone calls be ticketed?

KRISTA SYLVESTER
krista.sylvester@metronews.ca

COUNCIL Automated parking tickets might be a problem for drivers pulling over to talk on cellphones — and could be a bigger problem with proposed distracted-driving legislation.

Ald. Joe Connelly asked during question period at yesterday's city council meeting how the Calgary Parking Authority will deal with people pulling over on the road to answer phone calls.

"A constituent was upset they pulled over in a parking spot, got a ticket and it was his contention he was just answering a cellphone call," Connelly said.

"I'm just curious if the parking authority is having a look at that."

Ald. Dale Hodges, who sits on the CPA board, said the group will likely deal with the potential for problems, with drivers being issued tickets for answering calls on the side of the road, when the legislation is more clearly defined.

"Right now we don't know exactly what the legislation is, so we will have to wait and take a look when we know more," he said.

CPA spokesperson Shelley Trigg said "if the provincial legislation went into effect, paid parking would still be regulated in downtown Calgary under current rules."

Bill 16

- Alberta's proposed distracted-driving legislation could penalize drivers $172 for being caught using hand-held portable communication or entertainment devices such as cellphones, laptops or MP3 players while driving.

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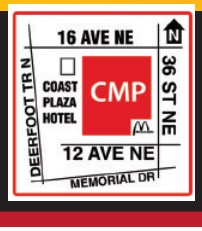

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Local

Rouge restaurant in world's top 100

Rouge restaurant made history yesterday, becoming the first-ever Calgary restaurant to be listed as one of the world's top 100. The restaurant — co-owned by chef Paul Rogalski and Olivier Reynaud — came in at number 60 on the list, announced yesterday in London, England.

METRO CALGARY

Trio charged in 2 knife-point thefts

ROBBERY Police have laid charges against three men following two separate knife-point robberies in the city's northeast over the weekend, including against three children between nine and 12 years old.

Emad Abdullahi, 19, Amjad Azamyfar, 19, and Michael Schramm, 18, all of Calgary, are each charged with two counts of robbery. The men will make a first appearance in court on May 4.

METRO CALGARY

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Following news stories on Twitter...

CalgaryTweets

@danpagan Bow Valley College is building a new "South Campus" building on the site of the former jail house. Let's hope it's not haunted. #yyc

@silverbelly Davis's first soccer practice of the season. Winter is apparently still here...it's freezing out. #yyc

@MrCoBalt Filling out another #cardskimmer police statement for the new incident. #YYC peeps: keep your eyes open for sketchy-looking ATM hardware

Homeless theatre evolves

'A lot of heart involved' as troupe challenges stereotypes

JESSICA PICHE
for Metro Calgary

Adapting the classic Greek tragedy Oedipus Rex, members of Calgary's homeless community are ready for their stage debuts.

The Mustard Seed Drama Club, in conjunction with Verb Theatre and The PBC Collective, has been rehearsing five times a week for the past few months to prepare its play Oedipus Evolving for four upcoming shows.

Artist in Residence Aviva Zimmerman has been teaching drama to Mustard Seed guests since November 2008. In January, she secured funding from the Calgary Foundation to help the club continue to evolve.

The group is challenging perceptions and stereotypes that many Calgarians may have regarding the homeless population, says Zimmerman. "Feedback has been very positive."

However, the play is not intended to place poverty on show.

"This is an actual effort from a real community who are serious about this," says Nigel Kirk, playing the role of Oedipus.

Drama is a tool Zimmerman uses to develop self-expression and communication skills in a safe space. "It gives me a chance to get out of my life and be someone I'm not," says Sherry Love, playing Queen Jocasta.

Although the actors are not classically trained, Zimmerman says "there is a lot of heart involved."

Oedipus Evolving will be performed at the Mustard Seed on May 7 and at the Epcor Centre's Motel from May 13 to 15.

More information can be found at thepbcsite.info or by calling 403-604-3476.

JESSICA PICHE/FOR METRO CALGARY

Members of The Mustard Seed Drama Club get into character during rehearsal for their upcoming play Oedipus Evolving, an adaptation of the classic Greek tragedy Oedipus Rex.

Pumphouse gets $2M surprise from city

REVERSAL Actors and theatregoers are rejoicing after council reversed an earlier committee decision and pledged another $2 million to The Pumphouse Theatre's $10.5-million expansion.

In a 14-1 vote yesterday, council approved the additional funds that were denied two weeks ago during a Community and Protective Services committee meeting.

"We're absolutely ecstatic. This is good for the theatre but it's also really good for the city and for Calgarians, too," theatre executive director Scott McTavish said.

The funding will come from provincial funds allocated to the city and will add to another $2 million the city already approved.

Ald. Joe Connelly was the lone objector but he made it clear he is not against arts and culture in the city but wanted more answers on how the theatre would come up with the remaining funds they need.

"Clearly, arts and culture is a must-have for the city but ... when you need another $2 million, I need a stronger business case," he said during council.

KRISTA SYLVESTER/METRO CALGARY

Council OK's review of 911 hang-ups

SAFETY An extensive review of the 911 hang-ups in the city will move ahead after council approved the measure yesterday.

Aldermen brought anecdotal evidence of some of the system's possible concerns all concurring with motion-bearer Ald. Diane Colley-Urquhart's belief that approximately 5,000 annual hang-ups are a burden on the 911 system.

"I am concerned about the whole nature of the PSC (Public Safety Communication) and how it's overwhelmed — and this can lead to ... more calls and more investigations, which will hamper our ability to get to people that really truly do need help," said Ald. John Mar.

Dr. Erika Hargasheimer of the city said they would review 911 hang-ups and cover best practices, possible fees for repeated hang-ups, alarm systems, possible deterrents and public education.

DARREN KRAUSE/METRO CALGARY

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Video Delay in hearing to lift entry ban from controversial British MP George Galloway does little to dull debate at **metronews.ca/canada**

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Man pleads guilty to harming cat

A man accused of killing his pet cat by kicking it in the head pleaded guilty to causing unnecessary pain and suffering to an animal in court yesterday instead of going to trial. Darren Ronald Lesy will be sentenced in August. METRO CALGARY

Man admits to teenager's murder

COURTS A man accused of killing a 14-year-old teen along a walking trail in Edson, Alta., has pleaded guilty to second-degree murder.

Ross Edward Kleman had originally pleaded not guilty to the first-degree murder of Emily Stauffer, which happened in September of 2008.

Kleman was set to begin his trial today in the death of Stauffer. The court will hear victim impact statements from the young girl's family on June 9.

THE CANADIAN PRESS

CUPE pushes for bottled water ban

ENVIRONMENT CUPE Alberta is calling on the Stelmach government to follow the lead of Nova Scotia and ban the sale of bottled water in provincial facilities. "Bottled water is little more than municipal tap water bottled, shipped, and hugely marked up in price," said CUPE Alberta president Dennis Mol.

METRO CALGARY

Park upgrades may cost $450 million

KRISTA SYLVESTER
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Major upgrades could put the Glenmore and Foothills Athletic Parks on the national sport map but it could cost up to $450 million over 10 years, if approved.

Shelly Shea, manager for arenas for the city, is lobbying for the major upgrades she says are desperately needed at the city's two premiere inner-city parks.

"Both of the arenas are pushing 40 to 50-years-old and the upgrades are very much needed. We can't really hold off much longer so I'd like council to discuss it before the summer," Shea said.

Shea said upgrades include creating multi-sport facilities that could be used on the national and international level as well as upgrades to the arenas, pools, tracks and overall facilities at both parks.

KRISTA SYLVESTER/METRO CALGARY

The city's Glenmore and Foothills Athletic Parks, pictured, need about $450 million in upgrades over the next 10 years, according to the city's arenas manager Shelley Shea.

"We know users and sports groups are very supportive of the renovations and we haven't heard from anyone who doesn't want it," Shea said.

Shea is hoping to generate more dialogue among aldermen and the community before the summer break.

"Even if we waited and were six months behind it would be a lot of catching up," she said.

U of C staff pioneers diagnosis app for iPhone

TECHNOLOGY Diagnosing a stroke is as easy as a tap on a touch screen now that it's an application available on iPhones, courtesy of University of Calgary researchers.

Faculty of medicine Ross Mitchell and his Calgary Scientific firm developed the Resolution MD Mobile Software over six years and the medical tool is now Health Canada approved. "This allows images to be brought up anywhere, where before it would be limited to expensive workstations," Mitchell said.

Physicians can manipulate medical images in high-resolution, which allows for quick diagnosis for the treatment of stroke, cardiac arrest or other emergencies. "Doctors can do just as good of a job diagnosing on the application as they can on a workstation," Mitchell said.

KRISTA SYLVESTER/METRO CALGARY

Eat out for a good cause

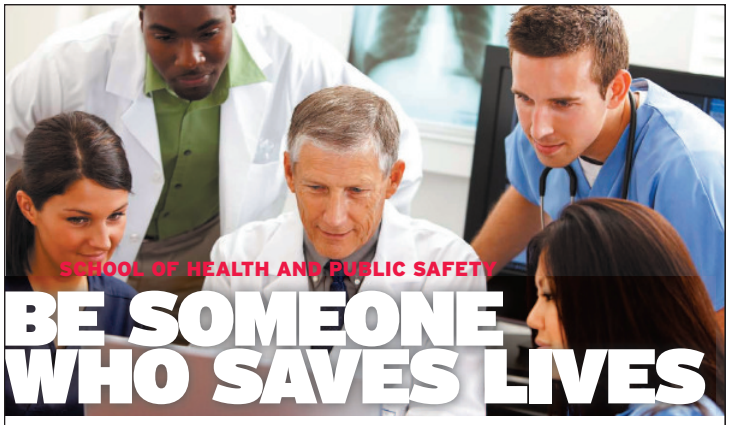
DINING Dinner now served with a side of gratitude.

Calgary restaurants participating in the first annual A Taste for Life will be donating 25 per cent of diner's bills to the SHARP Foundation. Operating three support homes for marginalized individuals dealing with HIV and AIDs, SHARP has been providing care and support in Calgary since 1990.

"Our target is $20,000 for this year," said SHARP executive director Floyd Visser. "We are confident as the restaurants are quickly filling up."

A Taste for Life runs tomorrow in select restaurants. More information can be found at atasteforlife.org or by calling SHARP at 403-272-2912.

JESSICA PICHE/
FOR METRO CALGARY



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Melting ice reveals ancient hunting tools

Melting ice pockets high in Canada's Arctic mountains are revealing details of how hunters stalked caribou in the region thousands of years ago. The melting ice has revealed a 2,400-year-old spear, a 1,000-year-old squirrel snare and bows and arrows more than 800 years old. THE CANADIAN PRESS

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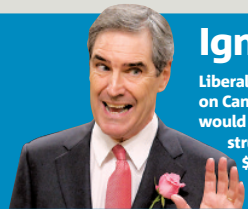

Ignatieff touts homegrown food

Liberal Leader Michael Ignatieff, left, says he would put more Canadian food on Canadian tables if he became prime minister. The Opposition leader says he would introduce a national food policy that would improve food safety, help struggling farmers and promote healthy eating. The plan would include $50 million to improve food inspections and ensure imported foods meet domestic standards. THE CANADIAN PRESS

America's funniest video is Canadian

TELEVISION An Ontario toddler is a hit in Hollywood after a video of the dancing tot won the grand prize on America's Funniest Home Videos.

Keegan Adair and his parents Brendan and Rhonda of Lively, Ont., near Sudbury, won $100,000 for a video of Keegan imitating a dancing doll.

THE CANADIAN PRESS

News in brief

HEARING A Federal Court hearing in Toronto examining the case of British MP George Galloway — who has been denied entry to Canada — has been put on hold until tomorrow after his lawyer suffered a foot injury. THE CANADIAN PRESS

No abortion cash

Decision could put Canada at odds with G8

Canada won't support funding for abortions in the developing world as part of a family planning initiative, International Co-operation Minister Bev Oda confirmed yesterday on the eve of a meeting with her G8 counterparts in Halifax.

Oda said Canada's contribution to the meeting could involve family planning and contraceptive methods, but not abortions.

"The details remain to be determined," she said. "However, Canada's contribution will not include funding of abortions."

Her declaration means a debate over abortion could threaten a bid to find a consensus at the two-day meeting, which is expected to focus on improving the health of mothers and children in poor countries.

Critics have said Canada's position could conflict with the U.S. and other G8 partners who say abortion can't be separated from family planning, though Oda said this won't be the case.

Ontario Liberal MP Bob Rae said the Tories' position is ridiculous. "They say, 'We don't want to reopen the abortion debate.' Well, they just did."

THE CANADIAN PRESS

ANDREW VAUGHAN/THE CANADIAN PRESS

International Co-operation Minister Bev Oda said Canada won't fund abortion as part of its G8 child- and maternal-health plan for poor countries.

NDP making gains: Poll

POLITICS The Harper Conservatives have sunk to their lowest level of support in a year, dipping below 30 per cent amid the furor over the Guergis-Jaffer scandal.

A new poll by The Canadian Press Harris-Decima puts the Tories at 29 per cent, down three points from early April — and into a statistical tie with the Liberals, who are down two points at 27.

The survey suggests Canadians are looking more favourably at the NDP as they become increasingly disenchanted with the two main parties. The New Democrats rose three points to 20 per cent, a level of support the party hasn't enjoyed since shortly after the last election in October 2008.

The NDP, which typically runs a distant third, now appears to be "benefiting from not being the other guys," Harris-Decima chairman Allan Gregg said.

He said it's unprecedented to have both the Conservatives and Liberals languishing simultaneously below 30 per cent.

"That's the stunning part ... It's a reflection of the general disgust of the major options that are available to most voters."

THE CANADIAN PRESS

How will the G8 deal with rogue nuclear states such as Iran and North Korea?

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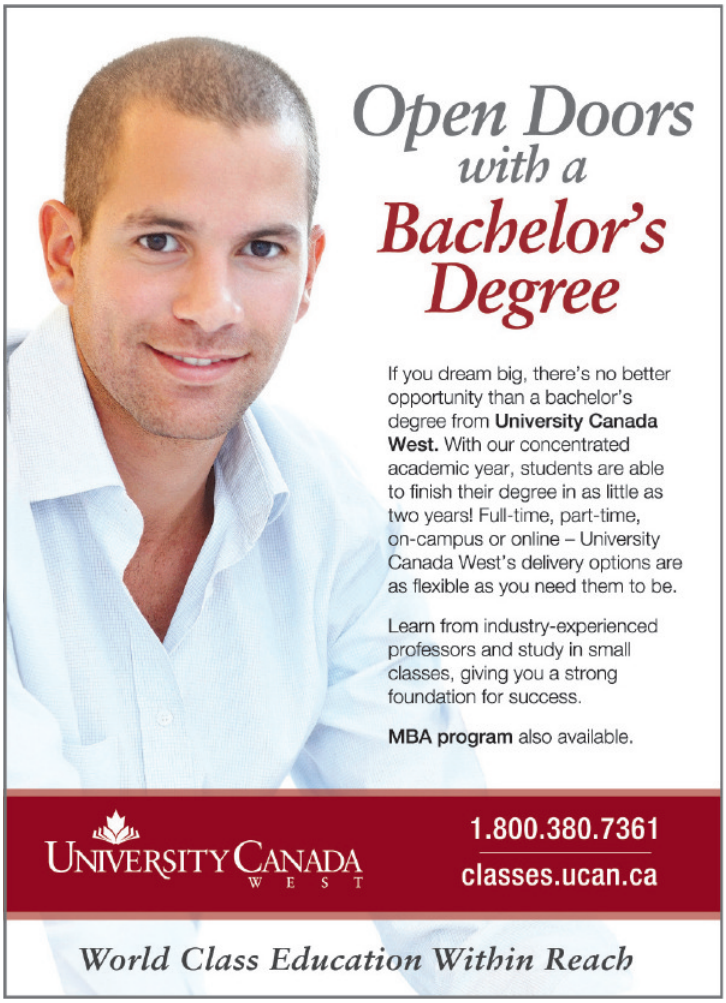
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Brazilian health minister writes prescription for more sex
Brazil's health minister has a remedy for the nation's high blood pressure problem: More sex. Minister Jose Temporao says a good cardiovascular workout includes sex. THE ASSOCIATED PRESS 7

World

Activists rally against animal-testing plans

Indian bio-tech company set to open lab in Malaysia

An Indian bio-tech company's plans to set up laboratories for testing dogs and primates in Malaysia have angered animal rights groups who say the trial subjects could face suffering because the country has no regulations on animal research.

India's Vivo BioTech Ltd. inked a US$141 million joint-venture deal in January to set up a biotechology centre in southern Malacca state to develop and manufacture medicine. The centre will include laboratories where trial medicines will be tested on animals.

Vivo officials declined to comment on the issue when contacted yesterday. Malacca state officials could not be immediately reached for comment.

Activists say tougher regulations on animal testing in the West are pushing companies to outsource to Asia, where there are lax regulations and cheaper costs.

In a joint statement issued over the weekend, Malaysia's Society for the Prevention of Cruelty to Animals, the British Union for the Abolition of Vivisection and the European Coalition to End Animal Experiments cried foul over the project because Malaysia has no laws protecting the welfare of animals used in experiments.

The groups submitted a protest letter to the government last week, urging it to halt the project, and also requested a meeting with the local authorities to discuss the issue, SPCA official Jacinta Johnson said yesterday.

"Malaysia should not open the economy to businesses like this as it promotes cruelty," she said. THE ASSOCIATED PRESS

> **"Malaysia should not open the economy to businesses like this as it promotes cruelty."**
> Jacinta Johnson, SPCA official

Britons burned by 'toxic sofa' to be compensated

LAWSUIT A British court says hundreds of people who received chemical burns from leather sofas will share 20 million pounds, or about $30 million, in compensation.

The customers took legal action after claiming of skin and eye complaints or breathing difficulties from the Chinese-made furniture, dubbed "toxic sofas."

The problems were blamed on dimethyl fumarate, a fungicide designed to stop the furniture from becoming mouldy.

The European Union banned the chemical last year.

Lawyers told a judge at London's High Court on yesterday that agreement had been reached between the plaintiffs and a company that owns several furniture retailers.

It will see 1,650 victims receive up to 9,000 pounds, or about $14,000, apiece. Legal action continues in 3,000 other cases. THE ASSOCIATED PRESS

Chemical reaction

- Dimethyl fumarate has been found to be an allergic sensitizer at very low concentrations, producing extensive, pronounced skin conditions like eczema and dermatitis that are difficult to treat.

Kaczynski's twin to run for president

POLAND Polish opposition party leader Jaroslaw Kaczynski says he will run in early presidential elections called after his twin brother was killed in a plane crash.

Jaroslaw Kaczynski

The elections were called for June 20, after President Lech Kaczynski, his wife Maria and 94 others were killed April 10 in Smolensk, in western Russia.

"The good of Poland is a common duty that requires an ability to overcome personal suffering, to undertake the task despite a personal tragedy," Jaroslaw Kaczynski said. THE ASSOCIATED PRESS

News in brief

TRAGEDY A homeless man who was stabbed when he rushed to assist a woman being attacked on a New York City street died on the sidewalk as pedestrians strolled by, apparently unaware or uncaring that he needed help. A surveillance video shows the man, Hugo Alfredo Tale-Yaxe, lying face down for more than an hour.

HOLLYWOOD California Gov. Arnold Schwarzenegger said yesterday a final $900,000 donation by Playboy founder Hugh Hefner completed the $12.5 million fundraising drive to protect the 138 acres behind the landmark Hollywood sign. THE ASSOCIATED PRESS

Will an alleged Muslim polygamist be a boon for France's proposed burqa ban — or will it backfire?
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Libya.....24.9 ¢
Nepal.....7.9 ¢
Israel.....2.9 ¢
Oman..... 14.9 ¢
Fiji..... 24.9 ¢
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Worth mentioning

Swashbuckling politics

Pirate Party of Canada sails onto legislative scene

Yar! There be a new party on the high seas of Canadian politics.

The Pirate Party of Canada can now run buccaneers in the next federal election, where it says it will run on a platform of measures to fight copyright laws.

Canada's chief electoral officer, Marc Mayrand, granted the Pirates eligible party status April 12.

They will officially join the 19 other registered parties as long as they field at least one candidate in the next election.

The party broke the news to its "maidens and gentlepirates" earlier this month.

"After 10 months of dedication and hard work, we have reached eligible status, which only leaves a 60-day 'purgatory' period," says a statement on the Pirates' website.

"After that, we will field candidates in subsequent federal elections, and begin the real work of a political party."

The Canadian Pirate Party's founders want to make it legal to copy songs, books, movies and artwork for private, non-commercial use.

The party also wants to ban patents on software, life forms and plants, and stretch Canada's privacy laws to cover all digital data.

Parties that want to run in federal elections must be registered with Elections Canada.

Being registered means the Pirates can issue tax receipts for political contributions, and they must report their finances to the elections watchdog.

"What this party has done is they've cleared all the paperwork," said Elections Canada spokesman John Enright.

"So they've gone through all of the administrative hurdles, barring the nomination of a candidate at election. And that will make them a registered political party."

The Pirate Party was founded last June. It's modelled after Sweden's Pirate Party, the country's third-largest party, which won a seat in last year's European Parliament elections.

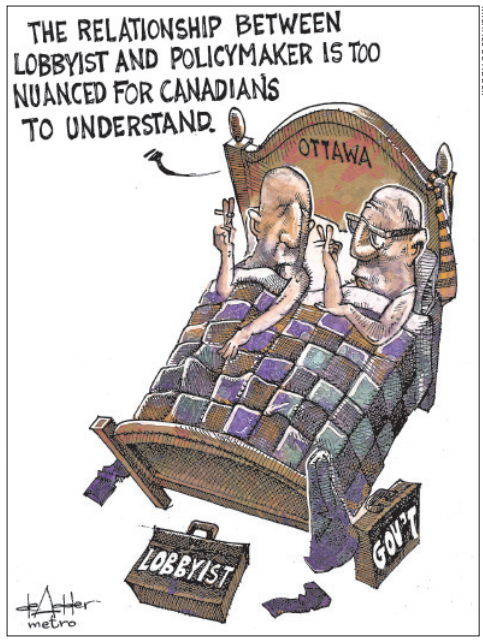
"We need a world ... where artists and inventors are free to create without the chains of mismanagement and executive privilege," says a statement on the Canadian party's website.

"We need to foster technological development in all fields of everyday life, in an open manner. We need to bring focus to the privacy of the individual while shedding light on the work that government does so that we can avoid hidden laws and treaties that attack Canadians."

Pirate Party Leader Jake Daynes wasn't immediately available to comment.

The Pirates will join other, lesser-known registered parties such as the Marijuana Party, the Rhinoceros Party, the Work Less Party and the Animal Alliance Environment Voters Party of Canada.

THE CANADIAN PRESS



MICHAEL DE ADDER

Research

Four bad habits can age you by 12 years: Study

Four common bad habits combined — smoking, drinking too much, inactivity and poor diet — can age you by 12 years, sobering new research suggests.

The findings are from a study that tracked nearly 5,000 British adults for 20 years, and they highlight yet another reason to adopt a healthier lifestyle.

Overall, 314 people studied had all four unhealthy behaviours. Among them, 91 died during the study, or 29 per cent. Among the 387 healthiest people with none of the four habits, only 32 died, or about eight per cent.

The risky behaviours were: Smoking tobacco; downing more than three alcoholic drinks per day for men and more than two daily for women; getting less than two hours of physical activity per week; and eating fruits and vegetables fewer than three times daily.

These habits combined substantially increased the risk of death and made people who engaged in them seem 12 years older than people in the healthiest group, said lead researcher Elisabeth Kvaavik of the University of Oslo. The study appeared in yesterday's Archives of Internal Medicine. THE ASSOCIATED PRESS

Noteworthy

Web shifting doc, patient power balance

Rebecca Cooney may have a debilitating, degenerative disease, but that doesn't mean she's ready to automatically defer to the authority of the medical community.

"I've never been a person who thinks somebody else can make decisions for me. Even my doctors — they're the experts, I take what they say, but I have my own mind and my own information," says Cooney, 42, who has been living with multiple sclerosis for the past 18 years.

"I'm not one that believes the Pope is the only one who can speak to God. I can speak to God myself."

There have always been patients with Cooney's independent bent. But these days there seems to be hordes of them, due in large measure to the extraordinary reach of the Internet.

"The Internet — email — has really allowed me and most of the MS patients to really work in conjunction with the doctors ..." Rebecca Cooney, MS patient

A technology that makes a pioneering or profiteering clinic somewhere overseas a mere Google search away, the Internet is changing the nature of patient advocacy. It's amping up the activism.

And those more activist patients, who share information and strategies through email, discussion boards and Facebook, are in some cases altering the research agenda in fields such as cancer, alternative medicine and now multiple sclerosis.

Some want access to experimental drugs or therapies before science has proven they are safe or useful. In other cases, they are agitating for a say in which theories, techniques or treatments get research funding.

Patients like Cooney are thrilled about what she describes as the huge power shift she has seen in the years since she was first diagnosed.

"The Internet — email — has really allowed me and most of the MS patients to really work in conjunction with the doctors, which we've never been able to do," she says.

"It used to be almost what your neurologist said or what your doctor said was God. You couldn't really debate it. You couldn't say anything. Because you didn't know.

"Now, I'm empowered. I can find out information."

Other players are not so enthusiastic, saying the change is fostering tension within disease advocacy organizations and between doctors and their patients.

THE CANADIAN PRESS

Quote of the Day

"Canada's contribution to child and maternal health may include family planning. However, Canada's contribution will not include funding abortion."

— MP JIM ABBOTT, PARLIAMENTARY SECRETARY TO INTERNATIONAL CO-OPERATION MINISTER BEV ODA, AFTER THE HARPER GOVERNMENT SAID IT WON'T FUND ABORTION AS PART OF ITS G8 CHILD- AND MATERNAL-HEALTH PLAN FOR POOR COUNTRIES. THE CANADIAN PRESS

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Aeroplan buys into Mexico market

Groupe Aeroplan is further spreading its wings beyond Canada by spending up to $34 million US to buy a minority stake in AeroMexico's frequent flyer program, Club Premier. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Challenging times ahead for RIM

TECH The heat is on BlackBerry-maker Research In Motion as the company heads into its annual industry showing of new products. The Waterloo, Ont.,-based company opens the three-day annual showcase today in Orlando, Fla., where its is expected to update some devices, add new product and, perhaps, offer a few surprises.

The company is facing some of its fiercest competition yet. In the past year, both the iPhone and Google's Android smartphones have gained notable shares in the smartphone market. THE CANADIAN PRESS

How did the Huffington Post go from celebrity bloggers to a dominant Internet news source?
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Higher rates don't scare homebuyers

The Bank of Canada may be concerned about the level of debt homeowners are assuming, but consumers who have recently taken out or renewed their mortgage are not.

A new online survey of Canadians active in the mortgage market, including first-time buyers, shows the vast majority are not only comfortable with their level of debt, but two-thirds think they will pay their loans off sooner than required.

The annual survey by Canada Mortgage and Housing Corporation also suggests that Canadians are savvy consumers when it comes to buying a home.

81 The Canada Mortgage and Housing Corporation survey found that 81 per cent are "comfortable" with their level of debt.

On average, consumers surveyed say they took a year to think through their decision and 89 per cent said they used the Internet to research mortgage options.

According to the CMHC, nine in 10 new buyers believe ownership is a good long-term investment and that now is a good time to purchase a home.

The housing market has been one of the mainstays of the economic recovery, with prices and sales already back, and in some markets, beyond pre-recession levels. THE CANADIAN PRESS

Forestry company returns to profit

LOGGING West Fraser Timber Co. Ltd. says the worst is over for the forestry company after it reported its first quarterly profit in two years.

West Fraser's chief executive and president, Hank Ketcham, told analysts in a conference call that supply and demand are coming back into balance after a downturn last year.

Ketcham says North American lumber prices were up 31 per cent during the first quarter of 2010.

And he expects lumber prices to remain strong during the busy spring building season, while pulp and paper prices will also improve.

The Vancouver-based forestry company saw profits rise to $19.4 million, or 45 cents per share, in its latest quarter, compared with a loss of $83.1 million or $1.94 per share a year ago.

West Fraser's sales totalled $687.8 million, up from $558.2 million. THE CANADIAN PRESS

In brief

MINING Greystar Resources Ltd. shares plunged yesterday after the Canadian mining company warned that its flagship Angostura project is now in doubt because of sweeping changes being sought by Colombia's environment ministry. By midday, the Vancouver-based company's shares were down $2.72 or almost 43 per cent at $3.72 on volume of more than 5.2 million shares, making Greystar one of the active issues on the Toronto Stock Exchange.

ENERGY Antler Creek Energy Corp. has announced a $20 million financing arrangement with a group of investors who will comprise the junior oil and gas explorer's new management team.

Under a non-brokered private placement, the investors will subscribe for up to 53.5 million common shares of Antler at a price of 37.5 cents apiece, garnering proceeds of about $20 million. THE CANADIAN PRESS

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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

7 extra homebuying costs

AlisonOnMoney

Alison Griffiths

metronews.ca/alisonmoney

Spring may be the traditional season of love but it is also the season of nesting. Last week I started a list of extra homebuying expenses.

Here are seven more to help you budget.

1 Replacements: Curtains and rugs come in standard sizes but, amazingly, when you move they never seem to fit the new nest. And if the drapes remain from the previous owner they will never match your furniture.

2 Condo costs: These can include a parking spot if one doesn't come with the unit and the monthly condo fee paid in advance.

3 Commuting: If you are moving out of town to get more house for your money don't forget to factor in the additional costs of commuting. While not directly related to your house purchase, commuting has a big impact on your bottom line.

4 Moving: You will be stunned at the cost especially if you are moving more than a couple of blocks. Before you buy get estimates for your prefered locations. Do-it-yourself moving is cheaper but costs include the moving van, gas, broken items and worn out friendships.

5 Repairs: You know how it goes. The real estate agent sails through the house noting that a little paint here, a bit of carpentry there and you have an Elle Decor worthy abode. Take a camera with you to record what repairs must be made and also those you would like to make. Pass these on to the home inspector, most of whom will provide estimates for repair or replacement of common items.

6 Insurance: Necessary but often forgotten while calculating monthly payments. Get at least two estimates and make sure you inquire about the need for separate riders for items such as jewelry, high-end bicycles, art and antiques. Cost is highly variable depending on replacement value of house, value of contents and coverage.

7 Tax: Last, but not least, new construction will be subjected to GST/HST. In Ontario and B.C., the HST debuts July 1 but there are rebates to alleviate or eliminate the pain. Go to hstincanada.com

Canada Mortgage and Housing Corporation has an excellent section on its website called Homebuying Step by Step. (cmhc-schl.gc.ca/en/co/buho/hosts t/index.cfm).

Alison's Money Rule:

- Know what you really can afford by factoring in the additional costs of buying a new home.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at griffiths.alison@gmail.com.

Life insurance can protect your home

Buying a new home can be exciting, but keep in mind that it is a key life event that requires a thorough review of your personal financial plan, including your insurance needs.

Imagine if something unexpected — such as a serious illness or accident — happened to you or your spouse. Without the right insurance coverage, your family may not be able to afford the costs associated with owning a home.

Here are some things to consider as you review your life insurance needs:

- Could your family afford to keep your home with only one income?
- Could your family pay the mortgage and cover utilities and maintenance expenses?
- Could your family maintain their current lifestyle and pursue future aspirations?

For more advice on your life insurance needs, visit rbcinsurance.com/guide to download a free customized insurance life guide, visit a RBC Insurance branch, or call 1-800-991-0707. NEWS CANADA

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Masterton finalists named

Tampa Bay Lightning defenceman Kurtis Foster, San Jose Sharks forward Jed Ortmeyer and Washington Capitals goalie Jose Theodore are the finalists for the Bill Masterton Memorial Trophy. The award is given to the NHL player who best exemplifies the qualities of perseverance, sportsmanship and dedication to hockey. THE CANADIAN PRESS

Sports

Howard signs hefty deal

Ryan Howard agreed to a $125-million US, five-year contract extension through 2016 with the Philadelphia Phillies yesterday that includes a club option for 2017. The 30-year-old slugging first baseman will have a $25-million guaranteed average salary, which will be baseball's second-highest behind Alex Rodriguez's $27.5-million average. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

NHL New Jersey Devils coach Jacques Lemaire has retired following his team's first-round playoff elimination for the third straight year. Lemaire made the surprising announcement yesterday, four days after the Devils were ousted by the Philadelphia Flyers in five games.

NFL The Jacksonville Jaguars have released two-time Pro Bowl defensive tackle John Henderson, opening up a starting spot for first-round draft pick Tyson Alualu.

SOCCER England midfielder David Beckham says he won't recover from his Achilles injury to play again until November, ruling him out of the entire MLS season.

NFL The New England Patriots yesterday released former Pro Bowl linebacker Adalius Thomas, who joined the team as a high-profile free agent in 2007, but fell into disfavour with coach Bill Belichick last season. THE ASSOCIATED PRESS

SCOREBOARD

NHL PLAYOFFS

YESTERDAY'S RESULTS
Montreal 4 Washington 1 (Series tied 3-3)
Boston 4 Buffalo 3 (Bruins win series 4-2)
Chicago 5 Nashville 3 (Hawks win series 4-2)

TODAY'S GAME
Detroit at Phoenix, 7 p.m. (Series tied 3-3)

NBA PLAYOFFS

YESTERDAY'S RESULTS
Orlando 99 Charlotte 90 (Magic win 4-0)
Milwaukee 111 Atlanta 104 (Series tied 2-2)
Portland at Phoenix

TODAY'S GAMES
Miami at Boston, 5 p.m. (Celtics lead series 3-1)
Chicago at Cleveland, 6 p.m. (Cavs lead series 3-1)
San Antonio at Dallas, 7:30 p.m. (Spurs lead series 3-1)
Okla. City at L.A. Lakers, 8:30 p.m. (Series tied 2-2)

BASEBALL

YESTERDAY'S AL RESULTS
Boston 13 Toronto 12
Detroit 8 Texas 6
Kansas City 3 Seattle 1
Cleveland at L.A. Angels

YESTERDAY'S NL RESULTS
Chicago Cubs 4 Washington 3 (10 ings)
Florida 10 San Diego 1
Arizona 5 Colorado 3
St. Louis 4 Atlanta 3
Milwaukee 17 Pittsburgh 3
Philadelphia at San Francisco
L.A. Dodgers at N.Y. Mets (postponed)

Habs force Game 7

(Series tied 3-3)

Capitals 1 Canadiens 4

Mike Cammalleri scored two early goals and Jaroslav Halak made 53 saves as the Montreal Canadiens staved off elimination from the NHL playoffs for a second game in a row with a 4-1 victory over the Washington Capitals last night.

The best-of-seven first-round series is tied 3-3 with the decisive Game 7 set for tomorrow in Washington.

Maxim Lapierre also scored and Tomas Plekanec had an empty-net goal for the Canadiens, who killed off six Washington man-advantages and have held the league's best regular-season power play to 1-for-30 in the series

Eric Fehr finally broke Halak's bid for a first career playoff shutout on Washington's 52nd shot with 4:50 left in the game.

Halak, who has shone in all three Montreal victories, set a season high for saves as the high-powered Capitals' attack dominated territorial advantage but was foiled time and again by the 24-year-old from Slovakia. THE CANADIAN PRESS

PAUL CHIASSON/THE CANADIAN PRESS

Montreal Canadiens goaltender Jaroslav Halak makes a save off Washington Capital Brooks Laich last night in Montreal.

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LUSHious wrap

LUSH Cosmetics secured a spot in Hewitt Associates' 2010 top 30 greenest Canadian companies. It's no wonder with initiatives like replacing of the usual product wrap with Knot-Wrap ($6.95) stations where people can swaddle their swag in colourful reusable scarves. METRO NEWS SERVICES

Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Matching moms makes scents

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for Metro Canada

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GETTY IMAGES

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- Can apply mascara while simultaneously making lunch for the kids.

Give her a gorgeous designer fragrance that smells great and also looks stylish on her dresser.

Chanel Chance Eau Tendre, 50 ml. Eau de toilette (edt), $72.) Available May 3rd at all Chanel beauty counters.

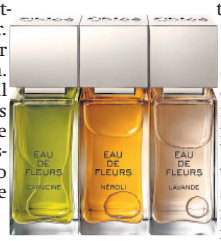
2 ELEGANT MUMMY

Gwyneth Paltrow

SHE ...

- Never has a hair out of place, has never gone to work with baby spit-up on her shoulder.
- Disciplines her children in French.

A subtly floral eau de toilette is perfect for the woman who doesn't need to shout to be heard.



Chloé eau de Fleurs Lavande, 100 ml edt, $135. Available at Holt Renfrew, select Bay Department Stores and Murale.

3 EXECUTIVE MOM

Anna Wintour

SHE ...

- Can covertly check her Blackberry while watching the school play.

She loves a modern, almost masculine fragrance, but one with a stealth feminine note.

4 SPORTY MOM

Jennifer Garner

SHE ...

- Can (and does) beat you at tennis.
- Considers her black yoga pants to be formal wear.

Give this energetic, high-spirited woman a clean and fresh fragrance, never anything too heavy.

Fruits & Passion Viva! 75 ml edt, $35. Available exclusively at Fruits & Passion stores.

5 SENTIMENTAL MOM

Kate Winslet

SHE ...

- Has every family photo printed and organized into an album.
- Still wears the bracelet you made her at camp when you were eight.

She loves a richly floral, undeniably feminine fragrance.

Ralph Lauren Summer Romance, 50 ml. edp $70. Available at The Bay, Sears and in Shoppers Drug Mart Beauty Boutiques.

Short hair versus long hair, it's one hairy situation

I'll never forget it. I was 10 and, upon meeting me for the first time, my sister's neighbour asked: "What's your cute little brother's name?"

Okay sure, I was a bit of a tomboy but I somehow knew immediately that it was my new super short haircut that had confused her. "I'm a girl!" I whined rather meekly as my 10-year-old brain was forever etched with the message: Real girls have long hair.

The J Spot

Josey Vogels

metronews.ca/thejspot

And, an informal Twitter survey seems to back this up. While most men and women agreed that it really depends on the woman, when pressed, most men admit they prefer long hair.

There may be some evolutionary evidence to back them up. According to the lab coats, the quality and length of a woman's hair serves as a marker of genetic strength and overall health and thus, her desirability as reproductive material.

Of course, by this reasoning, women should be all over men sporting long pony-tails and, well, let's not go there, shall we? (In fact, for a hilarious and very practical guide to all things men say/do/wear that are dating deal breakers, check out Undateable: 311 Things Guys Do That Guarantee They Won't be Dating or Having Sex. For info, visit undateable.com).

"We communicate a lot with our hair. And, unlike other parts of our body, it's one thing we can easily change and manipulate."

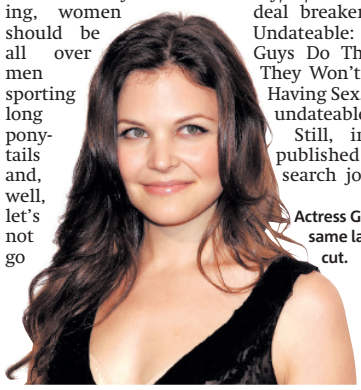
Still, in one study published in the research journal Human Nature, researchers found that women who had originally been rated by a test group as being less attractive were rated far more highly when shown with a longer hairstyle.

Interestingly, as they get older, past their reproductive years, most women choose shorter haircuts because they are considered more "age appropriate."

Obviously, we communicate a lot with our hair. And, unlike other parts of our body, it's one thing we can easily change and manipulate. Which is why I actually admire women who can rock a short haircut and look sexy.

It's as if she's thumbing her nose at traditional notions of female sexuality and telling the world that she doesn't have to buy into it. That she can be sexy on her own terms.

It almost makes me want to go out and get a sexy, short haircut. If I could only get my inner 10-year-old on board with the idea.



Actress Ginnifer Goodwin — same lady, different hair cut.

GETTY IMAGES

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com. Follow her on Twitter @joseyvogels

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Deciphering an asparagus

Asparagus spears can be thick or thin, but which diameter tastes better? Slender doesn't mean tender. Thin and thick stalks can be equally tender although the thick ones are meatier. THE CANADIAN PRESS

Food

What's the scoop?

Fans of ice cream who are clever with words now have a chance to link their brains and taste buds by coming up with a moniker for the newest flavour created by Ben and Jerry's. The flavour is a combination of vanilla ice cream, fudge-covered waffle cone pieces and a fudge swirl. It has been temporarily named We are Waffling, but the company wants fans to visit its Facebook fan page and serve up their own name. For more information, visit benjerry.ca. THE CANADIAN PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Personal Gourmet recipe of the month — ROSE REISMAN

Have friends over for brunch

Cobb salad wraps with tomatoes, avocado and black beans

A cobb salad traditionally has loads of chicken, blue cheese, bacon and heavy dressing. I've lightened up this classic and tossed the main ingredients into a wrap. It's delicious. SERVES 8

INGREDIENTS:

- 8 oz skinless boneless chicken breasts (about 2 breasts)
- 1/2 cup diced plum tomatoes
- 1/2 cup diced red bell pepper
- 1/2 cup diced ripe avocado
- 1/3 cup canned black beans, drained and rinsed
- 1/4 cup finely chopped green onions
- 1/4 cup chopped parsley
- 4 tsp lemon juice
- 1 Tbsp low-fat sour cream
- 1 Tbsp olive oil
- 1 tsp finely chopped garlic
- 1/2 tsp hot chili sauce
- pinch of salt and pepper
- 1/2 cup shredded aged light cheddar cheese
- 4 large whole wheat flour tortillas

METHOD:

1. Lightly coat a nonstick grill pan with vegetable spray and set over medium heat. Grill the chicken for 4 minutes on each side or until no longer pink. Cool slightly, then slice thinly.
2. Combine the tomatoes, red pepper, avocado, black beans, green onions and parsley in a large bowl. Add the lemon juice, sour cream, olive oil, garlic, chili sauce, salt and pepper and mix well.
3. Spread one-half of each of the tortillas with some of the tomato mixture. Top with slices of chicken and the shredded cheese. Fold in 2 sides and roll up. Place the wraps in a clean grill pan and cook for 5 minutes, turning halfway, just enough to warm through. (Or heat in a 400°F oven for 5 minutes until warm.) Cut in half and serve.

Cobb salad wraps with tomatoes, avocado and black beans.

Spinach salad with cinnamon almonds, strawberries and goat cheese

This salad is perfect for entertaining with all its vibrant colors, flavors and textures. The combination of spinach, spiced nuts, strawberries and goat cheese gives it loads of character. Prepare the almonds in larger quantities and keep in an airtight container for up to 2 weeks. SERVES 8

INGREDIENTS:

Cinnamon Almonds:

- 1/4 cup whole almonds
- 1/4 cup packed brown sugar
- 1/2 tsp cinnamon
- 1/4 tsp nutmeg
- 1/4 tsp ground ginger

Salad:

- 8 cups baby spinach
- 1 cup thinly sliced red bell pepper
- 1 cup sliced strawberries
- 1/2 cup crumbled goat cheese (about 2 oz)

Dressing:

- 1 1/2 Tbsp apple cider vinegar
- 1 Tbsp olive oil
- 1 Tbsp apple juice concentrate
- 1 tsp brown sugar
- 1/2 tsp chopped garlic
- 1/2 tsp Dijon mustard
- 6 oz grilled sliced chicken or shrimp (optional)

Spinach salad with cinnamon almonds, strawberries and goat cheese.

METHOD:

1. Preheat the oven to 350°F. Line a baking sheet with foil and lightly coat with cooking spray.
2. Rinse the almonds with cold water. Drain but do not let them dry. Place them in a bowl and add the brown sugar, cinnamon, nutmeg and ground ginger. Toss to coat. Spread out on the prepared baking sheet and bake for 15 minutes, tossing once. Let cool, then remove from the baking sheet and chop coarsely.
3. Place the baby spinach, red pepper, strawberries and goat cheese in a large serving bowl.
4. Prepare the dressing by whisking together the apple cider vinegar, olive oil, apple juice con¬centrate, brown sugar, garlic and mustard in a small bowl. Pour the dressing over the salad and toss. Top with the chopped almonds. Serve topped with grilled chicken or shrimp, if desired.

About Rose

Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Summer sipper

While in the Veneto region of Italy earlier this month I had a chance to take a side trip to Tuscany and its über famous region of Chianti. You can blame its popularity on those tubby, straw-wrapped bottles or that it was Hannibal Lecter's favourite fava bean affinity; either way everyone has heard of the place.

I made a bee-line for the sub-region of Classico (which in wine speak means the oldest, and some would say best, part of the area) to check out Castello di Gabbiano — a modern winery with an incredible 12th century castle as a centerpiece that overlooks the vineyards from its hilltop perch.

Gabbiano's liquid personality is traditional with a contemporary sensibility and the **2008 Chianti DOCG** ($12.95 - $16.99) shows that balance with its soft cherry fruit and bright ripe flavour that sees no oak aging and is made from 90 per cent sangiovese — Chianti's signature grape.

The fruit for the **2008 Pinot Grigio delle Venezie IGT** ($12.80 - $13.99) isn't local — it's grown a few hours away in the regional grouping of Tre Venezie and includes a bit of chardonnay and garganega in the blend. Creamy, citrusy and refreshing; it makes an ideal summer sipper.

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Restaurant menus poised to get interesting

SURVEY Gluten-free beer, vegan entrées and quinoa may be poised to take over in Canadian restaurants this year, according to a new survey.

Ten up-and-coming trends were revealed in the first survey of professional chefs conducted by the Canadian Restaurant and Foodservice Association.

With cooperation from the Canadian Culinary Federation, almost 400 professional chefs were surveyed in January and February by BrandSpark, a Canadian market research and brand strategy firm.

The chefs rated menu items and cooking methods as either a "hot trend," "yesterday's news" or "perennial favourite."

The survey pinpoints the 10 up-and-coming menu trends as: 1. Ancient grains (such as kamut, spelt and amaranth); 2. Gluten-free beer; 3. Vegan entrées; 4. Organic alcohol; 5. African cuisine; 6. New/fabricated cuts of meat; 7. Gluten-free cuisine; 8. Middle Eastern cuisine; 9. Quinoa; 10. Non-traditional fish (such as branzino, Arctic char and barramundi).

TORSTAR NEWS SERVICES

Quinoa is finally poised for its moment in the spotlight.

Avatar a success on DVD

Avatar is maintaining its popularity in the move from box office to home video, with sales of 6.7 million DVDs and Blu-ray disks in the first four days. Twentieth Century Fox announced Sunday that James Cameron's sci-fi epic has sold 2.7 million Blu-rays and 4 million DVDs. THE ASSOCIATED PRESS

Entertainment

Bieber fever

A fan stampede forced teen sensation Justin Bieber to cancel a performance in Australia after a crowd of thousands broke down police barriers. Several girls were injured. THE CANADIAN PRESS

EDITOR: DEAN.LISK@METRONEWS.CA

Warming up to Jakob Dylan

New album filled with delicate alt-country, soft Americana and touching harmonies

TheAudioFiles

Bryan Borzykowski

metronews.ca/music

ASSOCIATED PRESS FILE PHOTO

Women and Country is the warmest album to date from Jakob Dylan.

The last time I heard anything interesting from Jakob Dylan was 14 years ago — when his band, The Wallflowers, released Bringing Down the Horse. You know that album — it's the one with One Headlight and 6th Avenue Heartache, the record that pushed Bob Dylan's second youngest into a similar spotlight his father occupied 30-something years before.

Unlike his pops, though, he couldn't continue his chart-topping, Grammy-winning ways. I lost track of Dylan somewhere after the third Wallflowers disc came out in 2000, and took a passing interest two years ago, when he released his first solo disc.

But when I heard that he teamed up with T-Bone Burnett — the legendary musician, now Oscar winning songwriter, and producer of Bringing Down the Horse — I thought it was time to give Dylan another try. And after listening to Women and Country, I'm glad I did.

On the surface, the album sounds a lot different than Dylan's old rock band. It's filled with delicate alt-country, soft Americana and touching harmonies from Neko Case and Kelly Hogan. It's not quite as spare as Seeing Things, his Rick Rubin produced, stripped down solo debut, but thanks to the quiet atmospheric hums of reverb, the relaxed vocals and lyrics about self-worth, struggle and, less explicitly, about being a working dad to four kids, this is his warmest record yet.

When I told Dylan that Women and Country was coming from a different songwriter than I remember, he disagreed. "I addressed the music as a big band sound, a rock and roll sound, but we had things like pedal steel and horns early on," he says. "It's all the same for me."

He admits that his writing is more "refined" and he now recognizes his strengths. If anything, it's his songwriting maturity that may be the biggest difference between this and his Wallflowers days — he sounds more confident playing alone, and it seems as if, at 40, he's able to embrace the country folk combo he was brought up on.

> **"I addressed the music as a big band sound, a rock and roll sound, but we had things like pedal steel and horns early on."**
>
> Jakob Dylan

"I'm drawn to traditionalism," he says. "The instruments that we're using on this album will be played thousands of years from now."

Although Dylan's music now sounds a little more like his father's, he's been fielding questions about his dad for nearly two decades. It's not something that bothers him, at least not anymore. "It is what it is," he says. "There's a misconception for some reason that I've been waiting for it to go away, but I understand it's impossible to think of me and not think of the other."

Even if he took up some other profession, like an accountant, he'd still get comparisons, he says. "You don't think I'd be accused of things if I was the head accountant? In any line of work there would be baggage."

The elder Dylan is supportive, he points out, and with an album as good as Woman and Country it would be hard not to be.

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

Star Trek's history goes up for auction

Shoppers can boldly go where no man has gone before when Star Trek creator Gene Roddenberry's collection of personal effects and show memorabilia go up for auction.

Hand-annotated scripts, costumes from the show and Roddenberry's own studio pass are among the items available at the June 27 auction at Planet Hollywood Resort and Casino in Las Vegas, administered by Julien's Auctions.

Proceeds will benefit the Roddenberry Foundation, which makes grants to support children, education and the environment.

A silver tone plastic Star fleet insignia badges created for Star Trek is one of several items that will be auctioned on June 27.

The original Capt. Kirk, William Shatner, is also getting in on the auction, selling his custom Harley-Davidson motorcycle, his Golden Globe nomination certificate and the plaque he was presented when he got a star on Hollywood's Walk of Fame in 1983.

Shatner plans to donate a portion of the proceeds to the Hollywood Charity Horse Show, which helps handicapped children.

The 79-year-old actor said he doesn't mind parting with his mementoes and would do just about anything to benefit his chosen charities.

Bids will be accepted in person, online and by phone. THE ASSOCIATED PRESS

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Owen takes on special forces role

After turning down the lead in Protection, Clive Owen looked to be shying away from the action roles — but it appears he just wanted a bigger slice of the action pie after signing to play an SAS — the British special forces unit — soldier in The Killer Elite. IMDB.COM

Where cowboys turn comic

Director fashions laughs out of Canada-set western

STEVE GOW
for Metro Canada

Bill Phillips has a theory about why moviegoers are drawn to westerns.

"There's comfort in (them)," stated the director of Gunless, a new comedy about fictional outlaw The Montana Kid. "The western has evolved but you're still getting those (classic) elements … it's like meat and potatoes, you know what you're going to get."

Phillips knows what he's talking about. A longtime admirer of the genre ("when I was growing up, there was nothing better than Butch Cassidy & The Sundance Kid"), the Toronto-bred filmmaker crafted the premise of an American gunslinger (played by Paul Gross, ironically) that finds himself stranded gunless in peace-loving Canada years before he even made his 2002 Genie-Award nominated feature debut, Treed Murray.

Gunless opens in theatres Friday

"There is something about taking those iconic elements," Phillips said of the genre. "You drag that north of the 49th parallel and start playing with it, bringing in the Canadian elements (and) it begs comedy. If it wasn't going to be comedy, I'm not sure what it would be."

As humour-laced as Gunless is, Phillips was careful not to overplay the genre's American iconography maintaining the integrity of accentuating such authentic Canuck curiosities as sod houses and the progressive gun laws of 1880's Canada.

Director Bill Phillips, second from left, chats with star Paul Gross, second from right, and other actors on the set of his western-themed comedy Gunless.

"There is historical accuracy here," explained Phillips. "We did our due diligence but I will say a western is as much fantasy as science-fiction and we are never going to let truth get in the way of a good story."

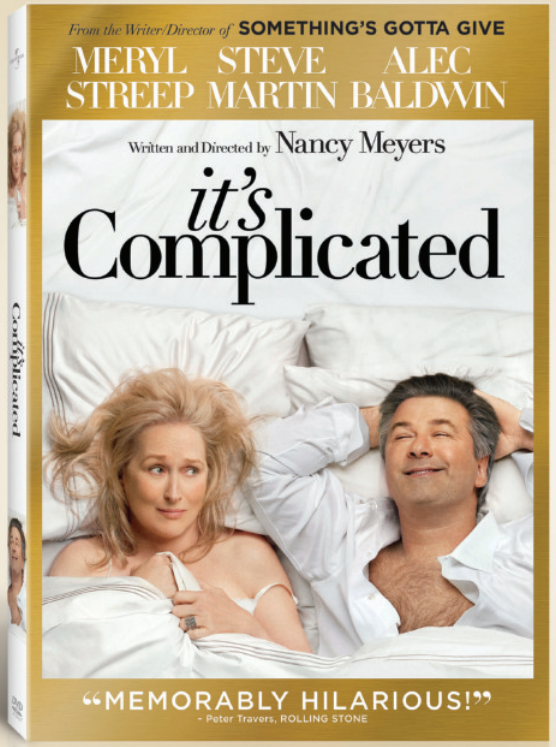
Phillips didn't let some tough conditions get in the way either. Shooting in Osoyoos, B.C. (Canada's hottest region), the cast and crew had to endure extreme temperatures, dust storms that shut down production and challenges that gave them a real taste of the wild west.

"You'd have to wash your hair two-times to get all the dust out. I don't think anybody got all the dust out of their lungs until two months after the shoot was done," admitted Phillips before admitting if he had to go back, he might do it all over again. "Making a western, it's a blast. You got a crew of fifty people all playing cowboys and that is a lot of fun."

"I will say a western is as much fantasy as science-fiction and we are never going to let truth get in the way of a good story."
Bill Phillips

A Great Gift for Mom!

"MOVIES DON'T GET ANY FUNNIER THAN THIS!"
– Pete Hammond, BOXOFFICE MAGAZINE



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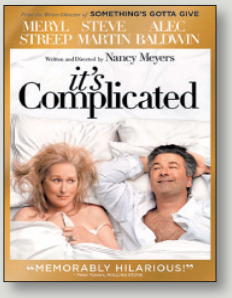
Elwes back in Saw franchise

If you've been wondering just what happened to Cary Elwes' Dr. Lawrence Gordon as the Saw sequels toddled along without him, you'll finally get your answer in the latest outing, Saw VII. Lionsgate has announced that Elwes has signed on to reprise Dr. Gordon. **METRO NEWS SERVICES**

DVD picks

It's Complicated

Director: Nancy Meyers



ONLY AN ACTRESS of Meryl Streep's calibre could bring some heft — and real laughs — to something as featherweight as It's Complicated, writer/director Nancy Meyers' latest glossy excursion into the travails of the rich and idle.

Streep is Jane, the type of woman who would have been referred to as a wealthy divorcee in movies of an earlier era. She runs an upscale bakery that seems to make money by magic and lives in a Santa Barbara garden home that couldn't be more fabulous — but that doesn't stop her from planning an expensive makeover regardless.

Jane is well past the mourning stage of her failed marriage to the philandering Jake (Alec Baldwin).

The last of her grown-up kids is leaving the nest. She's free to build the kitchen and bedroom of her dreams, to consider cosmetic surgery and to flirt with her architect, a mild gent named Adam (Steve Martin).

But then Jake bumbles back into her life and boudoir, and suddenly things get, um, complicated.

Streep's gift for comedy and her magnetic screen presence make this an easy watch and a much more entertaining movie than it might otherwise be. She's well matched with Baldwin and Martin, who are considerably funnier here than were as co-hosts of the most recent Academy Awards.

A scene where Streep and Martin sample ultra-strong weed at a party is worth the price of admission, reminding us of Martin in his "wild and crazy guy" phase from the 1970s.

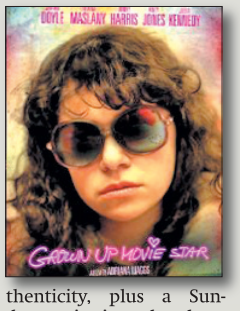
John Krasinski plays straight man as a future son-in-law who is shocked and apoplectic over the marital misadventures he accidentally witnesses. He's so much better in a supporting role than a leading one.

If all else fails, there's always the lifestyle porn to gawk at. In Meyers' world, everybody has big bucks, new cars and problems that can be solved in under two hours.

Extras aren't complicated at all: just a commentary by Meyers (with a few assists from her production team), plus a making-of featurette.

Grown Up Movie Star

Director: Adriana Maggs



A CANADIAN FILM likely to do well at next year's Genie Awards, Grown Up Movie Star has the virtue of authenticity, plus a Sundance-winning breakout performance by Tatiana Maslany.

The movie is set in Newfoundland, but there's nary a squid-jigger or Screech tippler amongst the characters, whom writer/director Adriana Maggs keeps well grounded — only their dreams fly high.

Maslany is teenaged virgin Ruby, whose parents can barely manage their own affairs, much less worry about her and Rose (Julia Kennedy), her younger sister.

Dad Ray (Shawn Doyle) is a failed NHL player whose petty crime habits and sexual disorientation have kept him off the ice and in the penalty box.

Mom Lillian (Sherry White) is determined to pursue her long-delayed dreams of becoming a Hollywood actress, even if that means dumping her two daughters into Ray's haphazard care in Corner Brook.

Too often a movie like this becomes a series of semi-comic escapades by clichéd figures. That's happily not the case here. The cast assembled by the talented Maggs even manages to use a wheelchair-bound character (Jonny Harris) who is more than just a good intention.

Grown Up Movie Star feels refreshingly real, with drama born of throttled ambition: nobody is really going anywhere or getting what they want. Maslany's Ruby, a child forced to grow up too soon, manages to radiate both innocence and worldliness.

The DVD has no extras, but none are needed.

Peter Howell/for Metro Canada

Kate Gosselin

Gosselin kids to appear on new show

PERMIT Kate's eight are free to appear on their mom's upcoming reality show.

A spokesman for the Pennsylvania Department of Labor and Industry says producers have obtained child-labour permits for Kate Gosselin's twins and sextuplets to appear with their mother on a series of TLC specials, Kate Plus 8. Troy Thompson said yesterday that the permits are good for six months, then must be renewed.

The regulators concluded last month that permits should have been obtained for Gosselin's old show, Jon & Kate Plus 8. The series ended last year when Kate split with her husband, Jon.

THE ASSOCIATED PRESS

Legendary singer/songwriter Andy Kim has released Happen Again, his first full-length album in 20 years.

Rock god Kim returns to roots

KEITH CARMAN
for Metro Canada

He's sold 30 million records featuring unforgettable songs such as Sugar Sugar, Rock Me Gently and Baby, I Love You. His work has been covered by the likes of Wilson Pickett, Tom Jones, Ike & Tina Turner, Bob Marley and more. He's received a Gold Album from John Lennon, written for The Monkees and worked with Phil Spector.

Singer/songwriter Andy Kim is a rock god.

Yet in a world where one modestly viral Internet video breeds inconceivable — and inconsolable — divas, the Montreal native is still humble to a fault. Kim feels enthusiasm and humility at being back on home turf to celebrate the release of Happen Again (E1 Entertainment), his first full-length album in 20 years.

"It's a wonderful feeling that no matter how many miles you've travelled, how many places you've been or people you've met, there's that place you can say is your home," he states excitedly, reflecting on a history that found him striking out and relocating to New York many moons ago at the tender age of 16.

"To be able to come home and be embraced by this industry that didn't exist when I left? It's amazing. I can't explain it but if you could see my eyes and face, I'm beaming. One could never expect this ... I'm blessed."

"To be able to come home and be embraced by this industry that didn't exist when I left? It's amazing."
Andy Kim on Montreal

While Kim's modesty is endearing, keep in mind that by eschewing concrete plans in favour of seeing where life takes him, he rarely expects much and surprise comes readily. To that extent, despite the aforementioned career climaxes, he's still shocked that anyone may even be remotely curious about Happen Again. However, he admits that because it is a vast undertaking after so many years, he hopes its emotional sincerity will prove appealing and enlightening.

"It's never the responsibility of the audience or fan to support anything. Music is reaching out to help somebody. As a part of an artist's mission, you try to utilize to help shine a light on (life) perspectives where somebody may not have otherwise seen it," he notes.

In typical Kim fashion, Happen Again abounds in lilting, enduring melodies and captivating craftsmanship, prompting the listener to wonder just how a discreet, affable sort such as Kim can possibly come up with so many resounding songs yet be so frustratingly reserved.

"I'm still the kid who grew up in Montreal hoping people would give me the opportunity to let them hear my music," he admits.

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America's Funniest Home Video goes to a ... Canadian

An Ontario toddler is a hit in Hollywood after a video of the dancing tot won the grand prize on America's Funniest Home Videos. Keegan Adair and his parents Brendan and Rhonda of Lively, Ont., near Sudbury, won $100,000 for a video of Keegan imitating a dancing doll. THE CANADIAN PRESS

Carrey joins Conan for his comedy show

GUEST STARS Conan O'Brien had a few surprise guests during the Los Angeles stop of his Legally Prohibited From Being Funny on Television comedy tour.

Jim Carrey joined the red-headed funnyman on stage to sing Superman (It Ain't Easy) by Five for Fighting.

Jim Carrey

Carrey wasn't the only one to appear with O'Brien. Jon Hamm, Jonah Hill, Aziz Ansari and Jack McBrayer also made cameos, EOnline.com reports.

Ironically, Conan performed at Universal Studios, just yards away from his one-time Tonight Show set. The former host left NBC after the network wanted to push Tonight back to make room for Jay Leno's return to late night after his primetime series failed to attract viewers.

Coco is under contract from NBC not to appear on TV until November — when his new show with TBS will begin.

METRO NEWS SERVICES

Quaid arrested after missing court

WARRANT Randy and Evi Quaid showed up in a criminal courtroom two weeks late yesterday and were arrested on outstanding warrants, authorities said.

The actor and his wife were ordered held on $100,000 bail and told to return for a court hearing tomorrow, senior deputy district attorney Lee Carter said in an email.

The couple have repeatedly failed to show up for hearings in a felony case alleging that they defrauded an inn out of more than $10,000. They have pleaded not guilty and their attorney has said the money has been repaid.

THE ASSOCIATED PRESS

Reality TV star Michaels remains in intensive care

Doctors plan further testing to help pinpoint the source of the brain hemorrhage that is keeping Bret Michaels in intensive care, according to the rocker's website.

A report from doctors is expected this week. The website doesn't say where Michaels, 47, is hospitalized.

"Please remember Bret is, and always has been, a fighter and survivor and is under the best medical care possible," the post added.

His New York-based publicist, Joann Mignano, confirmed on Friday a report on People magazine's website that said the former Poison frontman was rushed to intensive care late Thursday after a severe headache. Doctors discovered bleeding at the base of his brain stem, the report said.

Michaels is a contestant on Donald Trump's competitive reality show, The Celebrity Apprentice. He has served as one of the season's most outspoken celebrities and has so far avoided being fired in the boardroom. At the end of Sunday's episode, an announcer acknowledged his condition and said everyone at NBC "wishes Bret Michaels a speedy recovery."

GUS RUELAS/THE ASSOCIATED PRESS FILE PHOTO

Poison lead singer Bret Michaels, who is currently on the reality TV show The Celebrity Apprentice, remains hospitalized from an apparent brain hemorrhage.

Michaels had an emergency appendectomy April 12 after complaining of stomach pains before he was scheduled to perform at Sea World in San Antonio, Texas. Michaels later wrote on his website that although the surgery "has taken its toll," doctors expected him to make a full recovery.

Before joining the third season of The Celebrity Apprentice, Michaels starred as the lothario on VH1's lusty reality dating series Rock of Love from 2007 to 2009.

For three seasons, Michaels searched for the women of his dreams amid a sea of implants, tattoos and thongs. He also served as a judge on the fifth season of the USA singing competition Nashville Star in 2007.

THE ASSOCIATED PRESS

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/27/10 primetime	267	351	- ACCESS	Alberta Primetime (Live)		(8:02) V (HDTV) (N)		Dancing With the Stars		Lost "Ab Aeterno"		Primetime
	243	317	3 CFCN	etalk	Access H.	Law & Order: SVU		American Idol (HDTV)		The Mentalist (HDTV)		CTV News
	-	-	4 OMNI	King	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars		Lost "Ab Aeterno"		(11:02) V (N)
	245	306	6 CBRT	NHL Hockey		CBC News	TBA	TBA	TBA	CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	The Good Wife "Boom"		NCIS "Moonlighting" (N)		Glee "Home" (HDTV) (N)		News Hour
	246	-	8 CKAL	Law & Order: SVU		Parenthood (HDTV) (N)		The Biggest Loser A challenge involves wrangling calves.				EP Daily
	119	705	9 CBXFT	Squelettes	Tout	Beautés désespérées (SC)		Musee Eden (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News	Access H.	The Doctors		NCIS "Moonlighting" (N)		NCIS: Los Angeles (N)		The Good Wife
	-	374	14 KSPS	PBS NewsHour (N)		NOVA (HDTV) (DVS)		Survival "Fit For Life"		Frontline (N) (DVS)		Independent
	502	390	15 CBC	CBC News: The National		CBC News: The National		CBC News: The National		CBC News: The National		fifth estate
	-	370	16 KHQ	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	The Biggest Loser A challenge involves wrangling calves.				Parenthood (N)
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV)		Glee "Home" (HDTV) (N)		News
	297	652	37 WPIX	Life Unexpected (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500	29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV) (N)				Larry King Live		Cooper 360
	508	502	31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400	21 TSN	NHL Hockey: Flyers at Devils		NHL Hockey Detroit Red Wings at Phoenix Coyotes. (HDTV) (Live)					SportsCentre	30 for 30
	408	418	27 net	MLB Baseball		Sportsnet Connected (N)		Hockey Central	The Rookies	Sportsnet Connected (N)		MMA Conn
	410	403	30 SCORE	Score Now		Score Now		Score Now		Score Now		Score Now
	411	457	44 OLN	Oper. Repo	Oper. Repo	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters
	417	406	48 SPEED	NASCAR Hall of Fame (HDTV)		Dangerous Drives (HDTV)		Pass Time	NASCAR Hub	Race in 60 (HDTV)		NASCAR Hall
family	552	543	20 YTV	iCarly	iCarly	iCarly	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	Family Biz	To Be Indie
	557	541	39 FAM	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
	555	545	67 TOON	Jimmy Two	Johnny Test	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	575	583	11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	Meet-Wilsons	Wilsons	Amer. Funniest Home Videos		Reba
	553	546	17 TREE	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	House-Sell	House-Sell	Supernanny		Style by Jury	Grocery Bag	Beauty Call	Style by Jury	Look Good
	521	560	24 TLC	19 Kids-Count	19 Kids-Count	Chocolatiers	Chocolatiers	Help! I'm Turning Into a Giant		19 Kids-Count	19 Kids-Count	Chocolatiers
	603	561	25 FOOD	Chef Abroad	Chef Abroad	Chefs vs. City Boston.		Restaurant Makeover		Diner, Drive-In	Unwrapped	Dinner Impossible
	615	520	26 A&E	Criminal Minds (HDTV)		The Battle for Late Night (HDTV) (N)				(10:01) Criminal Minds		Criminal Minds
	617	522	32 SHOW	Trailer Park	Trailer Park	Relic Hunter		Love Sick: Secrets of a Sex Addict (2008, Docudrama)				Californication
	601	562	33 SLICE	Party Mamas	Wedding SOS	Wedding SOS	Wedding SOS	ET Canada	What Happen?	Real Housewives, Orange		Housewives
	-	633	34 ENC2	(7:10) Trolls		(7:20) The Rhino Brothers (2001, Drama)		Yanks ★★★ (1979, Romance) Richard Gere, Lisa Eichhorn.				
	520	505	35 DISC	Destroyed	Destroyed	Deadliest Catch (N)		Daily Planet		Destroyed	Destroyed	Deadly Catch
	620	523	36 BRAVO	Nebbia (N)		Spectacle: Elvis		Law & Order "Divorce"		Without a Trace		Till Human
	294	650	40 WPCH	(6) MLB Baseball Atlanta Braves at St. Louis Cardinals.				Law & Order: SVU		Seinfeld	Name Is Earl	Gone Fishin'
	626	547	41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Flt.-Conchords
	-	539	42 TCM	(6) Savage Pampas (1966)		Killers of Kilimanjaro ★★ (1960, Adventure)		(9:45) The Last Hunt ★★★ (1956, Western)				
	628	584	43 SPIKE	Deadliest Warrior (HDTV)		Deadliest Warrior (HDTV) (N)		Crash Test: Real Wrecks		Deadliest Warrior (HDTV)		CSI: Crime Scn
	522	516	45 HIST	Ancients Behaving Badly		Aftermath (HDTV)		Cities of the Underworld		Pawn Stars (N)	Pawn Stars (N)	Nostradamus
	627	528	46 SPACE	Medium (HDTV)		Fringe (HDTV PA) (N)		InnerSpace (N)	Stargate SG-1		Star Trek: Next Generation	
	-	-	47 AMC	(6) The Sand Pebbles ★★★ (1966, Adventure) Steve McQueen, Candice Bergen.						Mission: Impossible ★★ (1996, Action)		
	619	525	49 TROP	End of Leash	Last 10	The Celebrity Apprentice (HDTV) (N)				Dog Whisperer		End of Leash
	600	564	50 HGTV	Sarah's House	Genevieve	House Hunters	House Hunters	Holmes on Homes		Sarah's House	Genevieve	Outdoor Room
	501	391	52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508	70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526	507	92 VIVA	Medium "Knowing Her"		Cold Case		Psychic Inv.	Encounters	Judging Amy		Missing
	269	350	93 APTN	Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall	Blackfly	Moose TV	Rez Rides	MYTV	Moccasin Flats
	-	-	94 MCP	World News	News	My Queen	Immortal Yi, So	Il Caffe		In Germany	Euromaxx	Schauplatz
	571	581	100 MMM	mmtop10.ca		Hammertime	Gimme Sugar	Family Jewels	Wild 'n Out	Hammertime	Gimme Sugar	Family Jewels
	570	580	101 MM	disBAND	Muchmusic Countdown			UR11		Gossip Girl (HDTV)		Love Court
	581	566	102 MTV	The Hills	The Hills	The Hills	After	MTV Live	Sex, News-Roll	The Hills	The Hills	The Hills
cable variety	-	-	116 TV5	Les Invincibles (SC)		ADN: Accel.	Nouva	TV5 Le Journal		(9:35) La Grande Librairie		(10:35) Horizons (SC)

critics' corner

NCIS

Gibbs and Special Agent T.C. Fornell (Mark Harmon, guest star Joe Spano) and the team try to uncover the truth when a polygraph specialist's night job takes a dangerous turn that leads to murder in the new episode "Moonlighting." Michael Weatherly, David McCallum and Pauley Perrette also star. 9 PM on CICT KREM

The Hills

LC! Kristin! And of course, Heidi! A guilty pleasure that's yielded its stars far more than 15 minutes of fame, this unscripted series returns for its final season. But they're not resting on their laurels here; expect lots of new drama ... and a new look for Heidi Montag. 8 PM on MTV

NCIS: Los Angeles

At Hetty's (Linda Hunt) request, LAPD liaison Marty Deeks (guest star Eric Christian Olsen) helps the team look for an infamous socialite connected to a Navy officer's murder in the new episode "Fame." Chris O'Donnell, LL Cool J and Peter Cambor also star. 10 PM on KREM

Glee honoured as 'future classic'

AWARDS TV Land paid it's yearly tribute to television shows no longer on the air during the 8th Annual TV Land Awards on Sunday, zap2it.com reports.

This year's award recipients included '70s and '80s classics like the Tom Hanks/Peter Scolari comedy Bosom Buddies, The Love Boat," and Charlie's Angels. Comedy legends Mel Brooks and Carl Reiner rightly received the Legend Award, and Everybody Loves Raymond got the Impact Award.

TV Land always reserves one award for a show they predict will be a "future classic," and this year FOX's hit show Glee snagged the honour.

METRO NEWS SERVICES

In brief

TRUE BLOOD Now that Anna Paquin and Stephen Moyer are altar-bound, Anna's older brother has given his blessing to his sister's True Blood costar joining the family. "I absolutely approve! Steve will be an amazing husband to Anna and a great brother-in-law," Andrew Paquin told People.com at Saturday's Tribeca Film Festival premiere of his directorial debut movie, Open House, which also happens to star Anna Paquin and Stephen Moyer.

METRO NEWS SERVICES

Parker taking a break from acting
Sarah Jessica Parker is taking a break from the big screen to work as a museum tour guide. The Sex and the City star has agreed to record an audio guide for the Metropolitan Museum of Art in New York, according to Hollyscoop. METRO NEWS SERVICES

Celebrity Buzz

Lohan hurls drink at Ronson

MAYBE SAM WAS THIRSTY Lindsay Lohan appears to be taking out her frustrations over her career and personal problems on ex-girlfriend Samantha Ronson.

The troubled starlet reportedly hurled a drink at Ronson while hanging out at L.A. nightclub Trousdale, according to Gatecrasher.

"It was ridiculous," a source says.

"Sam was sitting at a table, and Lindsay came up from behind and tossed an entire drink at her. Sam looked livid but just let it go. Why people even let Lindsay inside their establishments anymore is beyond me."

Despite her very public problems recently, Dina Lohan insists her daughter is doing just fine and is a perfectly fine role model for younger sister Ali Lohan, who is following the career path blazed by her older sister.

"Lindsay is absolutely, 100 per cent, not (a bad influence)," Dina tells People magazine.

"Ali is amazing. She loves her sister. Would I let my daughter go anywhere that's dangerous?"

Dina insists the real concern is ex-husband and father of both children, Michael Lohan.

"Ali and Lindsay need to be protected from their ex-father. That's the dangerous situation," she says.

"He's creating a worse situation for everyone."

METRO NEWS SERVICES

Smith reaches out to Bullock after affair

I'M SURE SAYING SORRY WILL SOLVE EVERYTHING Melissa Smith, the second woman to come forward as one of Jesse James' mistresses, has apologized to Sandra Bullock.

Smith faxed a letter to the Oscar-winning actress, taking responsibility for the affair, TMZ reports.

In the letter, Smith wrote: "I felt I needed to reach out to you and tell you how deeply sorry I am for everything that you've been through."

"And I know nothing I can say in this letter is going to make the pain of my actions go away," she continued.

"I am sorry for any hurt or pain that I have caused you."

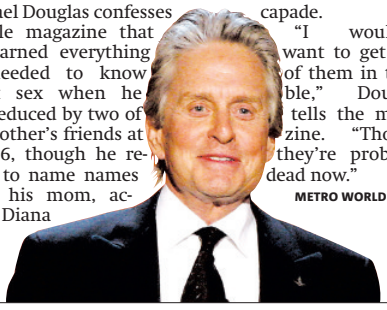
METRO WORLD NEWS

I was seduced by two older women: Michael Douglas

BUT DON'T TELL MY MOMMY Michael Douglas confesses to Elle magazine that he learned everything he needed to know about sex when he was seduced by two of his mother's friends at age 16, though he refuses to name names since his mom, actress Diana Dill, still doesn't know about the escapade.

"I wouldn't want to get any of them in trouble," Douglas tells the magazine. "Though they're probably dead now."

METRO WORLD NEWS



Pattinson rolling in money

PROVING ONCE AGAIN YOU DON'T NEED TALENT TO BE RICH Twilight has certainly been good to Robert Pattinson.

The young star has been named one of the wealthiest actors in the U.K. Under 30, according to the Sunday Times.

With a reported $20 million, Pattinson is sitting pretty at No. 5, but he's nowhere near the list's top earner, Harry Potter star Daniel Radcliffe, with $63 million. Radcliffe's co-star Emma Watson landed third with $33 million.

METRO WORLD NEWS

Mayer to quit Twitter?

HOPEFULLY HE'LL UPDATE HIS TWITTER ACCOUNT AND TELL US WHEN HE'S GOING TO QUIT BEING A TWIT John Mayer may be following Miley Cyrus' lead and quitting Twitter.

"Every night for the last two weeks, I think about canceling Twitter. It's over," he says, according to Ace Showbiz.

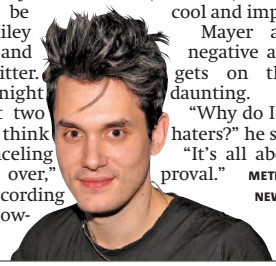
"The only positive thing on Twitter is saying, 'Thank you' and directing (followers) to something cool and important."

Mayer admits the negative attention he gets on the site is daunting.

"Why do I want more haters?" he says.

"It's all about the approval."

METRO NEWS SERVICES



'I'm no pushover': Cavallari

AGREE WITH HER OR ELSE Has the bad girl from The Hills turned good?

Kristin Cavallari, known for her unvarnished opinions on the MTV reality show, says she's a better person than she's portrayed on the show — and that the real Kristin is the one who's been doing charity work recently.

"If you asked my real friends, they would say I'm definitely not a bitch," Cavallari, 23, told People Magazine on Saturday while hosting a party at Liquid Pool Lounge in Las Vegas. "I definitely stand up for myself, and I'm not a pushover."

Cavallari's plans for life after The Hills, whose final season premieres Tuesday, include helping those less fortunate.

METRO NEWS SERVICES

Cornish getting over Phillippe

APPARENTLY IT WASN'T TOO HARD Abbie Cornish appears to have moved on from ex-boyfriend Ryan Phillippe, as the Australian actress was spotted getting cozy with Josh Hartnett at a New York watering hole recently, according to the Huffington Post.

A source says the pair talked for a while at the bar of Warren 77 before retiring to a corner table in the back, where they stayed until about 1 a.m.

METRO WORLD NEWS

Jersey Shore star gets booze dumped on her

CAN WE CONFIRM THIS 'MAN' WAS NOT LINDSAY LOHAN? Last season on The Jersey Shore, a man threw a punch at Nicole "Snooki" Polizzi.

This season?

Just a drink.

The newly single MTV reality star, 21, was doing shots with Jenni "JWOWW" Farley, 23, at Ocean's 10 bar in Miami Saturday at 6 p.m. when a man approached her, usmagazine.com reported.

A confrontation escalated and Snooki threw food at the man.

The unknown guy retaliated by dumping his own drink all over Snooki.

While Snooki and her costars have been photographed having a good time around Miami, another source said.

"The cast is wearing out its welcome in South Beach."

METRO NEWS SERVICES

Follow these celebrities on Twitter...

CelebTweets

SAMANTHA RONSON has a tough night out at the club, **JUSTIN BIEBER** is upset his Australian concert got canceled, **KIRSTIE ALLEY** is overdoing it and **KATY PERRY** likes to be prepared.

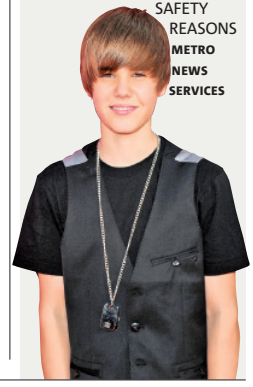
@samantharonson Just got a glass thrown at my head..... Hmmm- wonder who did it????

@kirstiealley Now get this...I am embarrased to tell...I was working out and I.....threw my back out

@katyperry Starting vitamins when sick is like saying a prayer when the plane is going down.

@justinbieber I WANT TO MAKE THIS CLEAR...I DONT CANCEL...I WOKE UP THIS MORNING TO THE POLICE CANCELING THE SHOW FOR SAFETY REASONS

METRO NEWS SERVICES



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BEFORE IT IS TOO LATE!
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Reasonable, Faster, and Better Results!

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Many Albertan's have thanked FU YAN
RESULTS WITHIN 3 MONTHS.
Some conditions apply
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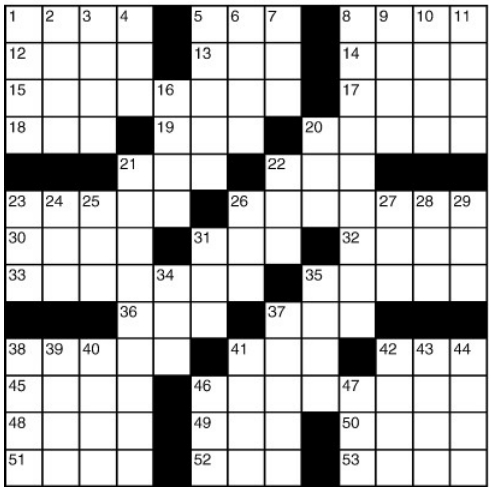
BREAKFAST TELEVISION

Today	Wednesday	Thursday
Rain	Rain	Rain
12 C / 3 C	7 C / 3 C	7 C / 1 C

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."
WEEKDAYS AT 6 A.M.

Take Five



ACROSS

1 Have on
5 Taxi
8 Distort
12 "It's a Sin to Tell —"
13 Eggs
14 "Do — others ..."
15 Jeff Probst's show
17 Nevada city
18 Thickness
19 Morning moisture
20 Sandwich necessity
21 Adjective for 22-Down
22 Adversary
23 Debate topic
26 Prime Minister's street
30 Norse thunder god
31 Carton
32 Defeat decisively
33 Greedy
35 Tilts
36 Lingerie item
37 Otologist's subject
38 .What Nixon denied being
41 Over-active one?
42 Center
45 Tibetan monk
46 Take unawares
48 Gray hair cause
49 Favorite
50 Looked at
51 Repair
52 Blond shade
53 Root beer brand

DOWN

1 Nasty stinger
2 Hebrew month
3 Ethereal
4 Gun the engine
5 Small flock
6 Acknowledge
7 Tavern
8 Cry uncle
9 Dandling site
10 Sicilian spouter
11 Unfinished furniture?
16 Between assignments
20 Acknowledge applause
21 "Hanging ten" need
22 Hounds' prey, perhaps
23 "Monty Python" opener
24 That girl
25 Scale member
26 Homer's interjection
27 A Gershwin
28 Sister
29"Pygmalion" playwright's monogram
31 Merit badge org.
34 Annoy
35 Genie's quarters
37 Third rock from the sun
38 Untalkative one
39 Anger
40 Portent
41 Colors
42 Casual greeting
43 Secondhand
44 Foundations
46 Hot tub
47 Roulette bet

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

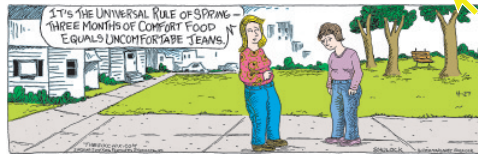
		5					9	6
	9	1		5	3			
8			7					
4		9	1		2			
	6						3	
			6		7	1		4
					1			8
			4	8		3	7	
3	5					2		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

6	4	1	5	9	7	2	3	8
5	2	8	6	4	3	7	1	9
3	7	9	2	1	8	5	4	6
8	1	2	3	7	4	9	6	5
9	5	4	8	6	1	3	7	2
7	6	3	9	5	2	1	8	4
2	8	5	7	3	6	4	9	1
4	9	7	1	8	5	6	2	3
1	3	6	4	2	9	8	5	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Red Beans and Rice

INGREDIENTS:

1 1/4 cups dried red beans or red kidney beans, soaked
1 ham hock (500 to 700 g)
1 large yellow onion, chopped
2 stalks celery, sliced
2 bay leaves
2 cloves garlic, minced
1 1/2 tsp dried thyme leaves
1/4 tsp each salt and black pepper
1 cup uncooked long-grain white rice
1/4 cup minced parsley

METHOD:

1. In Dutch oven, combine water, soaked beans, and ham hock. Bring to boil. Lower heat and simmer, covered, for 1 to 1 1/2 hours or until beans are tender. Drain beans, reserving 2 cups liquid. Remove 2 cups beans from Dutch oven. Slightly mash these beans, then return to Dutch oven. Remove ham. When bone is cool, remove meat. Discard bone. Cut meat into bite-size pieces; return to Dutch oven.

2. Stir in reserved liquid, onion, celery, bay leaves, garlic, thyme, salt and pepper. Bring to boil, then simmer, covered, 30 minutes or until vegetables are tender, stirring occasionally. Discard bay leaves. Meanwhile, cook rice according to package directions, omitting butter and salt. Spoon bean mixture over rice. Sprinkle with parsley. Serve.

SERVES 6

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
The planets are urging you to get rid of something you no longer need, something that is holding you back from success.

TAURUS ♉
APRIL 21-MAY 21
Don't be too harsh on someone who has not lived up to your expectations. The important thing is that they tried

GEMINI ♊
MAY 22-JUNE 21
Do you pretend that your feelings do not exist or do you express them fully and openly? Emotion must not be denied.

CANCER ♋
JUNE 22-JULY 22
You may not be the sort to joke about serious subjects but try not to get too cross with someone who takes a flippant attitude

LEO ♌
JULY 23-AUG 23
Let employers and other important people know that you are a force to be reckoned with and must not be ignored.

VIRGO ♍
AUG 24-SEPT 22
A certain viewpoint may seem attractive but if your instincts tell you to be wary then you would be wise to hold back.

LIBRA ♎
SEPT 23-OCT 23
If someone you usually get along with is unusually critical today chances are it is because their emotions are up in the air

SCORPIO ♏
OCT 24-NOV 22
You won't see eye-to-eye with partners and colleagues over the next two or three days but that's not necessarily a bad thing.

SAGITTARIUS ♐
NOV 23-DEC 21
This is no time for wishful thinking. You know what needs to be done and you know you must do it soon or it will pass you by forever.

CAPRICORN ♑
DEC 22-JAN 20
If a loved one says they want to spend some time alone you must not be offended. It is no reflection on you

AQUARIUS ♒
JAN 21-FEB 18
It will be easy to get frustrated about a family problem today but that won't solve anything.

PISCES ♓
FEB 19-MARCH 20
Give yourself permission to dream about things that other people say are impossible or irresponsible.

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Calgary Counselling Centre
Annual General Meeting

Thursday, May 27, 2009 · 4:00 – 4:30 p.m.

At Calgary Counselling Centre
Suite 200, 940 – 6th Avenue S.W

Please RSVP to Anne-Marie Diaz
Calgary Counselling Centre
403-691-5907

This day in history

1813: War of 1812: United States troops capture the capital of Upper Canada, York (present day Toronto).
1861: President of the United States Abraham Lincoln suspends the writ of habeas corpus.
1941: World War II: German troops enter Athens.
1974: 10,000 march in Washington, D.C., calling for the impeachment of U.S. President Richard Nixon
1996: The 1996 Lebanon war ends.
2005: The superjumbo jet aircraft Airbus A380 makes its first flight from Toulouse, France.

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Crown Paradise Club: A Family Resort • 4★
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June 5 • 1 wk.
+Taxes & other fees (including service charges): $270

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Santa Clara
Barceló Cayo Santa Maria • 4★
All-Inclusive • Junior suite
May 8 – June 19 • 1 wk.
+Taxes & other fees (including service charges): $228

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CUBA

Santa Clara
Meliá Las Dunas • 4★
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+Taxes & other fees (including service charges): $228

Varadero
Sirenis La Salina Varadero • 4★
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MEXICO

Cancun / Riviera Maya
Occidental Grand Xcaret • 4 1/2★
All-Inclusive • Deluxe rm.
June 6 • 1 wk.
+Taxes & other fees (including service charges): $290

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CUBA

Varadero
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All-Inclusive • Junior suite
May 16 – June 20 • 1 wk.
+Taxes & other fees (including service charges): $228

MEXICO

Puerto Vallarta / Riviera Nayarit
Meliá Puerto Vallarta • 4★
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+Taxes & other fees (including service charges): $270

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Grand Oasis Viva Beach • 3 1/2★
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